

SACRAMENTO AREA CAREER WOMENS NETWORK, INC.

Vol. 5, No. 1

January, 1989

NEXT MEETING: FRIDAY, JANUARY 20, 1989

WHERE: Clarion Hotel — The Terrace Room

TIME: 6:30 - 7:30 Networking
7:00 - 8:00 Light Hors d'oeuvres
8:00 - 9:00 Show
9:00 - 11:00 Networking, Hub

PRICE: \$12.00 Members pre registered
\$15.00 Members at door and Non-members

**Begin the New Year With Laughter
and MARGA GOMEZ**

SACWN, Inc. shines its spotlight on Marga Gomez, San Francisco's 1988 "Entertainer of the Year" and our 1989 opening speaker. Ms. Gomez promises a program of Lesbian Humor sure to please. Your sense of humor will thank you the year long if you bring it — and a friend or three — to this laughter laced event.

Marga grew up in New York City and spent most of her childhood backstage on the cabaret circuit where her parents performed. Although Marga saw very few Hispanic women working in the "mainstream" entertainment world during her youthful backstage days, she decided at a young age that the stage held her future. Marga's career choice has rewarded audiences with laughter while winning her the accolades of critics and peers. She has thrice received "Outstanding Female Comedy Solo Awards For Excellence in Live Entertainment." She triumphed in the 1988 "Entertainer of the Year" competition held in San Francisco. And now, Marga comes to SACWN with her sparkling comedic talent!

We are exceedingly proud that Ms. Gomez is our debut to 1989. Marga is someone that all women can applaud and SACWN, Inc. is honored that Marga is coming to win your applause on January 20th. Please remember to send for tickets early as we expect a standing room only crowd!

Since we anticipate a sizeable audience and we want to keep ticket prices reasonable, only light hors d'oeuvres will be served.

For an evening guaranteed to chase those mid winter blues away, set aside the 20th of January for Marga and SACWN, Inc.

SEE YOU THERE!!

Joanna Cassese, Program Coordinator

LETTERS TO THE EDITOR

We were quite pleased at the positive feedback we received regarding Joyce Bright's recent article on being more sensitive to the coming out process of others. The following letter reflects how many SACWNites responded to Joyce's wonderful and sensitive writing. We hope that all subscribers continue to express their feelings to and about SACWN, Inc.! Our thanks to all who took the time to write.

Dear Editor:

I have been a subscriber for a little over a year. Twice now I have sent in a check for a ticket to a function, the last time being the Holiday get-together on Sunday, November 20th. And twice I have chickened out. I have yet to attend any SACWN function, but not for lack of interest. I've simply been too frightened to go. So I was quite struck by "A Reminder to the True Believers" written by Joyce Bright in this month's (November) newsletter. How can I ever progress at my own pace if I can't get started. It's not that I haven't accepted my sexual preference. It's not that I haven't acted upon it. It's not that I haven't said to this person or that person — "I'm gay". My first trip to a gay bar I was with a lesbian couple and I

did OK. I understand what Ms. Bright said about being nervous yet thinking she'd died and gone to heaven. On the one hand, I felt like I was home. On the other hand I was so self conscious I felt like I was wearing a sign that said **BABY DYKE — UP FOR GRABS!!** The second trip I got physically ill from nerves just thinking about going. I stayed at the hotel while this couple went out.

I don't know any SACWN members that I'm aware of. So I'm going to have to go that first time **ALONE!** And how do I dress? I tend to look, dress and act fairly feminine. My ex-lover liked that. But what she liked and what is acceptable lesbian party-dress may be two entirely different things! And although I've had women lovers, I never got truly

involved in the gay community. Part of that, I think, was that I had been married and have two children. And no one I met seemed accepting of this. And I wasn't really ready then. I feel ready now. But it's almost like there should be a "Big-Sister" program for attending one's first SACWN function like we had at my high school 20 some years ago for the 9th grade girls.

Am I just a big coward, a total wimp? Or are there others staying away for the same reasons? Certainly, I would be willing to help organize a "Big-Sister" program for first-time attendees if this appears to be a good idea, and workable. But I need to get started before I can do that. Any suggestions? Is this all too ridiculous for a grown independent woman?

NETWORKING COMMITTEE

The Networking Committee is gearing up for some special projects in 1989 and we are looking for enthusiastic volunteers in the following areas:

THE HUB:

This is our center of information regarding SACWN activities. We are seeking ways to spruce up the HUB so that it continues to be an interesting focus of sharing information and enhancing networking.

NEW SUBSCRIBER ORIENTATIONS:

Many people have expressed a desire to know more about how SACWN, Inc. functions after they have become SACWN subscribers. The Networking Committee is presently planning a series of orientation meetings for new subscribers that will provide an opportunity to view the various activities SACWN, Inc. provides. These meetings will also share information on how to become involved in areas of interest.

NETWORKING PROGRAMS:

The mission of our committee is to create and implement strategies to encourage networking among our subscribers. We are planning a special program for June and we will make suggestions for the Womens weekend in September. If you have novel ideas, we would like to hear from you!

SACWN DIRECTORY:

As SACWN, Inc. grows, we have heard comments from subscribers asking for a SACWN directory. We are exploring the possibility of this project and hope to define it's scope in the near future.

If any of these projects sound interesting to you, please contact Rosanna Herber at 443-7111 to become involved. Come work with us to make SACWN, Inc. the best that it can be!

*Rosanna Herber,
Networking Coordinator*

ANYONE FOR SKIING?

Downhill or cross country. Would anyone interested in going skiing in Mt Shasta in January or February please contact Jayne at 921-6642. We are looking at renting a house for a week or weekend depending on interest. Don't delay, plans need to be made in advance.



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441-4207
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for women

A Program of the
Sacramento Women's Center, Inc.

CORPORATE COORDINATOR'S REPORT

Yet another new policy related to improving Steering Committee services to subscribers (and to minimizing the stress and loss of services involved in times of transition) was adopted by the Steering Committee at its meeting 11/1/88.

Under the new policy, both Steering Committee members and Associates are required to give 60 days prior notice in writing to their committee before resignation, and to work during that time period to assist in filling their vacancy and training their replacements, hence providing a smooth transitional period for the group as a whole.

Also, a 15% discount for pre-paid, full-year advertising was requested and approved for the Newsletter Committee.

Additionally, at its special reorganizational meeting on 10/29/88, the Steering Committee formally adopted a new position called Marketing Coordinator on the committee and approved "job descriptions" for all nine Steering Committee spots.

My job as Corporate Coordinator includes keeping our policies updated and reporting monthly to you on changes being made. I'm also responsible for assuring compliance with corporate requirements, conducting elections, and acting as herstorian and archivist for the group. So, if you have any priceless SACWN memorabilia out there that you just don't know what to do with but can't bear to throw away, give it to me and I'll try to find it a home in our archives!

HAPPY NEW YEAR!

Rosemary Metrailer

IN THE COMMUNITY

Dance — First Friday of each month. Dance in a smoke and alcohol-free environment. Children and families welcome. Cisneros Dance Studio. 2776 21st Street. 454-1176. January 28th — Judy Fjell and Betsy Rose at the Palms, Davis. 8 p.m.

PROGRAM COORDINATOR'S REPORT

SACWN, Inc. is dedicated to providing a safe environment for all who attend our functions. Yet SACWN, Inc. is more than present events and future programs. In years past, SACWN, Inc. has brought you many exciting and inspiring speakers. To preserve our important SACWN "moments," we have a SACWN archive of special shared memories. In this way, tomorrow's SACWNites can look back and enjoy again what we enjoy today.

For these reasons, you may notice a MGW photographer or SACWN Steering Committee Video camera at certain programs during the coming year. Please be assured that the ONLY face photographed is the speaker's face. If you feel uncomfortable about this or have any questions, please contact any Steering Committee member or phone Linda Killick at 486-8985.

*Joanna Cassese,
Program Coordinator*

STEERING COMMITTEE

| | |
|--------------------|---|
| Joanna Cassese | Program Committee Coordinator, 415-787-1623 |
| Corky Fessia | Special Events Coordinator, 456-1732 |
| Judith Franks | Steering Committee Coordinator, 924-8266 |
| Rosanna Herber | Networking Committee Coordinator, 443-7111 |
| Rosemary Metrailer | Corporate Coordinator, 444-5868 |
| Willie Nevison | Subscription Development |
| Lill Ordaz | Finance Coordinator, 481-3786 |
| Yolanda Ortiz | Marketing Coordinator, 444-5868 |
| Lydia Roseby | Newsletter Coordinator, 455-5486 |
| Linda Killick | Administrative Assistant, 486-8985 |

SACWN, Inc. Newsletter is published monthly, except December. No portion of this newsletter may be reproduced without written permission from SACWN, Inc. Letters to the Editor are encouraged. Please address correspondence to Editor, SACWN, Inc., P.O. Box 661332, Sacramento, CA. 95866. Names will only be published with prior approval. Letters may be edited for space restrictions.

SUCCESSFUL SACWNIte

In November SACWN, Inc. subscriber Linda Birner, celebrated the 10th anniversary of her newspaper *Mom ... Guess What*. To help celebrate this event, MGW honored those who have made an outstanding contribution to the Sacramento Lesbian and Gay community. Quite a number of SACWNites were nominated. Among the winners were SACWNites Rosemary Metrailer (Human Rights), Judith Franks (Community Participation) and Rosanna Herber (Women). Congratulations to Linda and all those honored by MGW. We know you're out there making an impact, here's where you should be taking a bow. Inspire your peers and let us share in your career achievements. Applause and appreciation are only a phone call away. Call 678-3581 evenings.

SACWNite PROFILE

By Lydia

Dori O'Rourke is one of the very special ladies who enriches our lives and our community, by sharing not only their professional expertise, but also by sharing a major portion of themselves.

She is not just an LPGA golf professional, nor just a golf instructor, but a very talented lady who likes to believe that "everything in every way gets better and better every day." It is this philosophy, her desire to see people succeed, and her desire to be the best in whatever she attempts which contribute to making her a very special person.

Dori's passion for golf did not develop from years and years of playing the sport while growing up. It wasn't until she was a Junior, on a tennis scholarship at the University of the Pacific (UOP), that she even played golf. And then she only took a class in golf because it was a requirement of her major. This unforeseen event changed Dori's life forever. In her Junior year, she spent a lot of time playing golf. She felt it unfair to the tennis team to not give them her all so she turned in her tennis scholarship her senior year and golf became a major part of her life. In the fall of 1983, Dori became a golf professional. She toured on the pro circuit to gain experience as a player. Although touring was tough, physically, psychologically, and financially, it became an integral part of her growing process, both as a player and as a person.

The next step was a natural progression into Dori's ultimate field, teaching. "I started teaching because I felt I was a good player, and with the knowledge and experience I had, I felt I could help others become good players also. Generally, many people feel that once you reach a certain level in anything, you can teach that subject, but I disagree. Even though I knew a lot about golf, if I hadn't taught tennis before, I would not have ventured into teaching golf without more training. Within the past years however, I have gained an even higher level of confidence in my ability to teach, and I know I will only get better," she said.

She is a passionate and dedicated golfer, but her real satisfaction comes from teaching. Her passion for teaching began from a sense of wanting to help her students develop a better golf game and a better system of improv-

ing all aspects of their lives. Helping people teach themselves to improve their golf game and their lives gives her a sense of accomplishment.

After realizing how many parts of the teaching system fail, Dori set out to learn why so she could try to correct the problem.

She did a lot of research and reading on how people learn and discovered among other things, why people sometimes have difficulty incorporating "knowledge" into action. After hours and hours of practical application she developed a series of techniques which she now uses with her students. Many of these ideas will be shared with all of us in her soon to be published book — "The S.I.M.P.L.E. Approach For Better Golf." Dori sets out to show that "anyone and everyone who chooses to, can improve in any part of their life."

Her book is more than just a book on golf. It helps you use positive techniques to improve in all aspects of your life. It also helps create an environment for change, by using your imagination. "This book was a labor of love. It created a positive atmosphere in which to work through all aspects of my life. It helped me learn about and deal with some insecurities, and to celebrate some triumphs," she said. "And because it took me through so much, I began to realize that things and people are sent to help us pursue our life's goal, and that we are all given what we need to succeed. How we use it, however, is determined by us."

Although teaching is an integral part of her life, and will continue to remain a part of her life, Dori has so much verve and joy for life that she is constantly looking for new adventures to express herself. Her business, the Gold Coast Tour, handles professional golf tours, speech and seminar promotions, and more. She is currently conducting Psychology of Golf seminars, and has been asked to help bring a Ladies Professional Golf Association (LPGA) tour event to the Sacramento area. In addition, she has been requested to be a trainer of other LPGA pros. Dori feels very happy to be alive and is thankful for the love and support of many very special people in her life.

SPECIAL INTEREST GROUPS

BRIDGE

January games for all levels of players will be held on Friday, January 13, at 6:30 p.m. and Sunday, January 29, at 2:00 p.m. Call Lise for meeting places, 689-9326. Bring \$2 for pizza on Jan. 13.

GOLF

Golf ended its season in September with a rousing dinner at Hings Aloha. We celebrated with an awards dinner in November. Be on the lookout for 18 Hour Tournaments prior to the season start-up in April. Call Melody for information and Dori for lessons, 392-3609.

SINGLES ONLY

A Halloween party complete with prizes for costumes, games and decorations was held in October. Thanksgiving dinner with all the trimmings was our November event. For information on the January event, contact Lill at 481-3786.

ADULT CHILDREN OF ALCOHOLICS OR DYSFUNCTIONAL FAMILIES

This group meets every other Thursday and is open to new members. The focus of the group is journal writing. We use a workbook on the 12 Steps and have a time for sharing. Call Kathy, 421-8427.

OUTDOOR RECREATION

Interested in a cross-country ski trip in January? Call Ellen at 441-7962 for more information.

SELF-EMPLOYED WOMEN

This group is meeting next on January 12 at 7:30 p.m. We are exploring the possibility of group health insurance for SACWN subscribers who are self-employed. Please join us and bring

snacks to share. Aerial, 452-5503.

METAPHYSICAL/SPIRITUAL

We have a new contact person! Yeah, Corky!! Our group meets twice a month and shares readings, experiences, etc. After January, we'll be splitting into smaller groups so that we can do more personal sharing. Groups will meet every other Monday night. Be sure to save Saturday, February 4, for a potluck dinner. Call Corky, 456-1732 for more information and location of the next meeting.

LESBIAN MOTHER AND CO-PARENTS

This group had our first picnic. Call Madlyn, 487-3978.

LATE-BLOOMING LESBIANS

WANTED: Women 35 yrs + who have been "out" 5 years or less, to meet, get acquainted, share and offer support for one another. Next meeting, Wed. February 1. Call Ariel, 483-9794, for information.

BOOK CLUB — NEW GROUP FORMING!

Starting January 22, a monthly book club will be meeting to discuss books of interest to members. This will be a social, semi-serious, semi-intellectual discussion group, meeting at different members' homes. For more information, directions and to sign up for the first, organizational meeting, call Barbara at 922-6287.

Special Interest Group coordinator is Networking Associate, Ellie Zacks, 967-0611. Call her if you have a suggestion for a new group or any feedback about special interest groups which you feel would be helpful.

SACWN CALENDAR

JANUARY

- Jan. 3 —
Steering Committee
- Jan. 10 —
Newsletter Committee
- Jan. 20 —
Monthly Meeting

FEBRUARY

- Feb. 7 —
Steering Committee
- Feb. 14 —
Newsletter Committee
- Feb. 18 —
Dance

MEETING ROOM WANTED

The Newsletter Committee is looking for a meeting room to use once a month. Space should be large enough to accommodate 10 to 12 persons. Please contact Linda at 486-8985.

NEWSLETTER STAFF

| | |
|-------------------------------|---------------|
| Editor | Suzy |
| Proofreader | Terry |
| Writers | Lydia & Joyce |
| Production | Lydia |
| Advertising/Circulation | Yolanda |

**Been In An Accident?
Car All Crunched Up?
Body Hurting?**

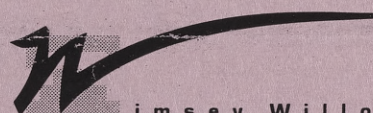


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TEAR HERE

Please include self-addressed, stamped envelope and a check or money order, made payable to SACWN, Inc. and mail to:

SACWN, INC.
P.O. BOX 661332
SACRAMENTO, CA 95866

JANUARY
MARGA GOMEZ

Number of tickets: Subscriber @ \$18.00 = \$ _____
(Please list subscriber names below)

Non-Subscriber @ \$22.00 = \$ _____

Total Amount Enclosed = \$ _____

Subscriber Names:

- | | |
|----------|----------|
| 1. _____ | 4. _____ |
| 2. _____ | 5. _____ |
| 3. _____ | 6. _____ |

TICKET ORDERS MUST BE POSTMARKED BY JANUARY 8, 1989

TEAR HERE

SACWN, Inc.

Subscription/Renewal By Mail

Annual cost is \$24 for a calendar year (or two \$12 installments, the second due in 6 months). Subscription entitles you to receipt of our monthly newsletter and discounts for our various functions (dinners, dances). To avail yourself of these services provided by SACWN, Inc., send a check for the correct amount made payable to SACWN, Inc.,

New Subscription ☐
Renewal ☐

Enclose check and mail to:
SACWN, Inc.,
P.O. Box 661332
Sacramento CA 95866

Annual (\$24) _____
1st Installment (\$12) _____

Name _____
Address _____ City _____ State _____ ZIP _____
Home Phone _____ Work Phone (optional) _____
Career Interests _____

This form is NOT a permanent record — please note: Names on checks are listed on our financial records and may be audited. You may elect to pay cash for your subscription and/or admission to our events. For your protection, do not send cash through the mail; if subscribing by cash, please make your payment at the next meeting you attend.

SACWN ADVERTISING RATES

As space permits, community announcements and appropriate advertising of interest to and by subscribers will be included. Organizations/events charging admission, businesses, rentals and sale items can be listed according to the following rates:

Subscriber Rates: Classified = \$.20 per word
Camera-Ready business cards = \$15.00

Display = \$10 per column (vertical inch)
Flyers/Inserts = Call for rates

Ads running 3 months or longer receive a 10% discount.

Non-Subscriber Rates: Included as space permits at 1½ times the subscriber rates, sponsored by subscriber.

Call Yolanda at 444-5868 for more information. Ad deadline: 15th of each month. Only legible hard copy of ads will be accepted — NO ADS WILL BE TAKEN OVER PHONE. Please make check out to SACWN, Inc., and send with hard copy of ad or camera ready copy of business card to Yolanda Ortiz, 1336 7th Avenue, Sacramento, CA 95818, to be received by the 15th of the month. SACWN, Inc., reserves the right to refuse any advertisement. SACWN, Inc., does not warrant the service or product of any advertiser.

SACWN, Inc.

P.O. Box 661332

Sacramento, CA 95866